

Suggested load/no-load criteria for EMS patients:

Load any patient that meets one or more of the following criteria:

- 1) Age greater than 75?? Or less than 1 year???
- 2) Difficulty breathing
- 3) SaO2 <93% or cyanosis
- 4) Confusion / altered mental status
- 5) Signs of dehydration
- 6) Chest pain or abnormal EKG
- 7) HR greater than 120 or less than 50
- 8) Syncope
- 9) Blood pressure greater than 200/100 or less than 90/50
- 10) Irritability or lethargy in children

No-load:

- 1) Flu-like symptoms with normal vital signs (see above)
- 2) Lack of any of the above symptoms

IF you no-load a patient with flu-like symptoms, give the patient and family the information sheet provided, advise them to call their doctor or health care provider, and advise them to call 911 back if they develop any of the symptoms noted on the information sheet.